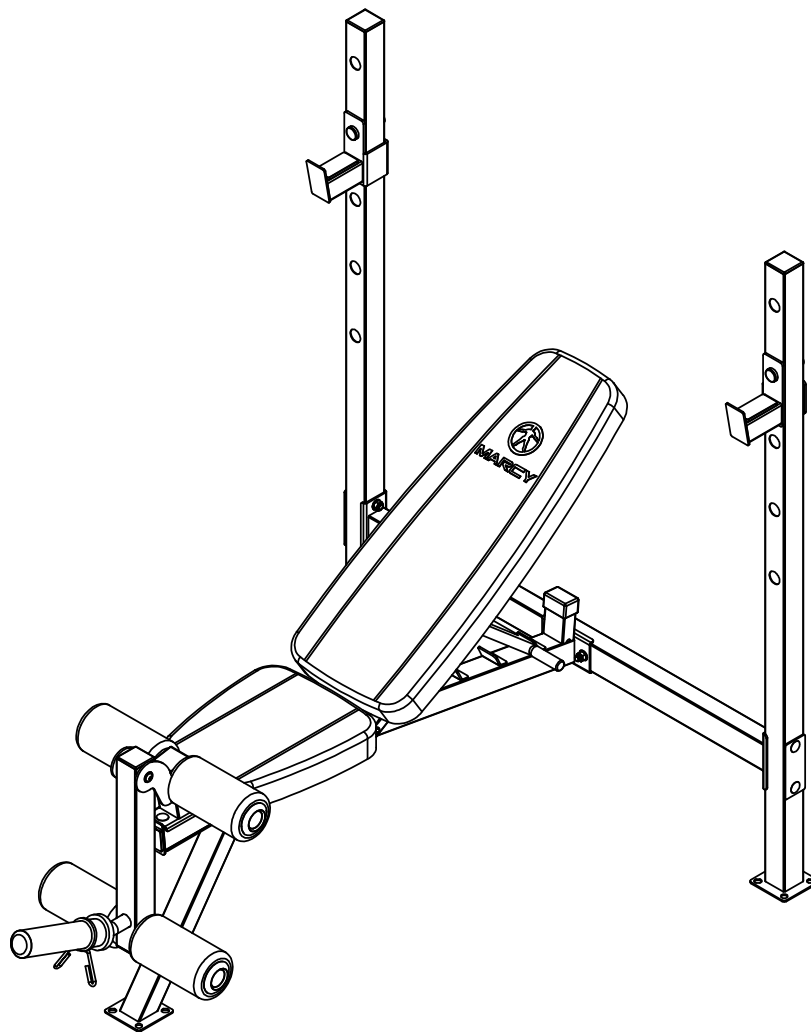


MARCY[®]

OLYMPIC BENCH

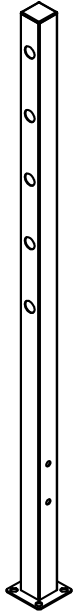
MWB-4811



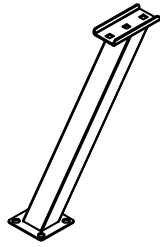
IMPORTANT: Please read the Important Safety Notice and Assembly Information in the Owner's manual before assembling this product.

Assembly Manual

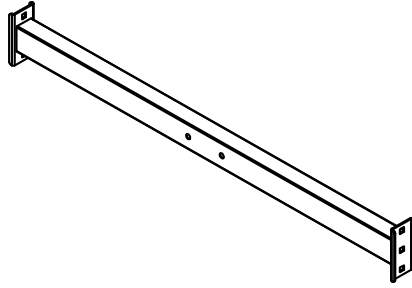
180510



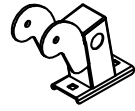
② × 2



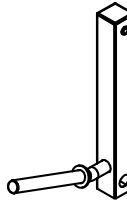
① × 1



③ × 1



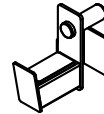
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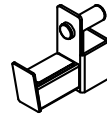
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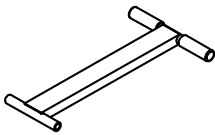
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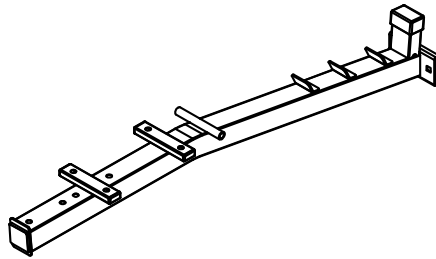
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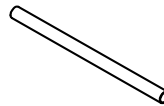
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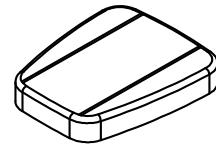
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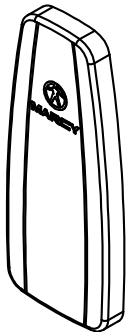
⑩ × 1



⑪ × 2



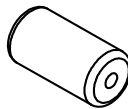
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⑬ × 1



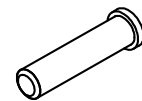
⑭ × 4



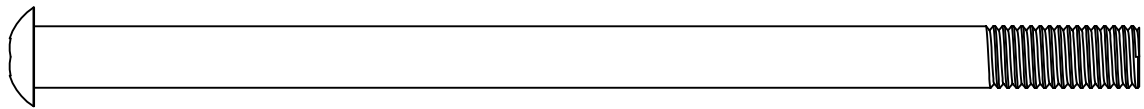
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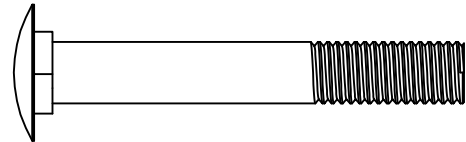
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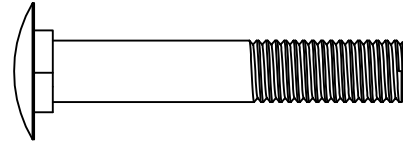
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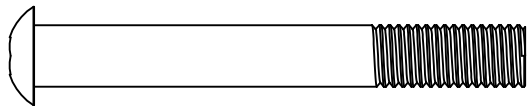
29 × 2



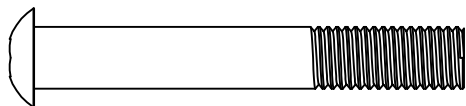
27 × 6



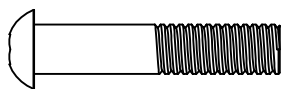
28 × 2



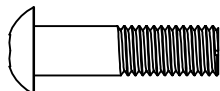
30 × 1



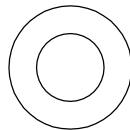
31 × 2



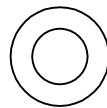
32 × 4



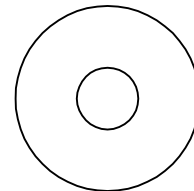
33 × 4



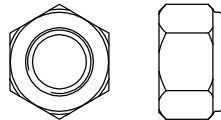
35 × 16



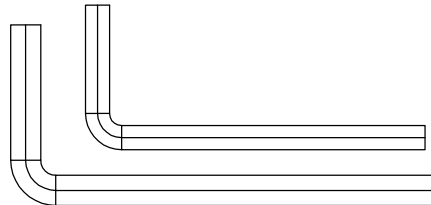
36 × 8



37 × 2

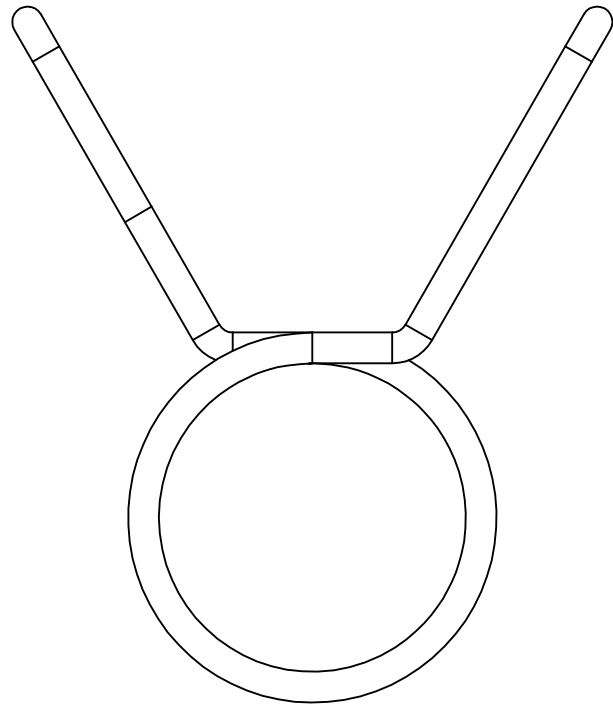


34 × 13



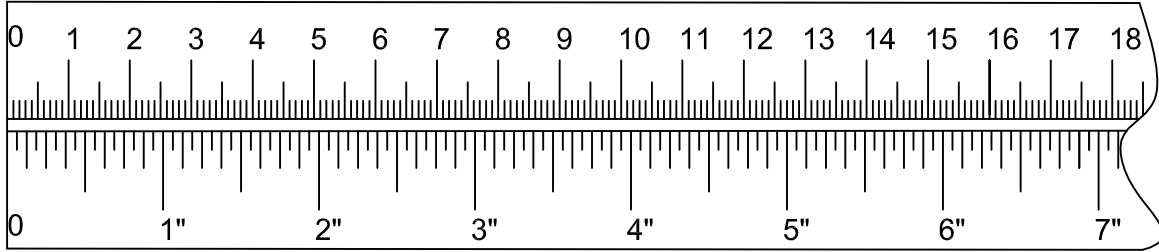
5# × 1

6# × 1

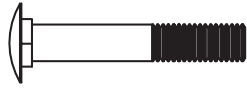


22 × 1

mm



27



× 4

M10×2³/₄"

34



× 4

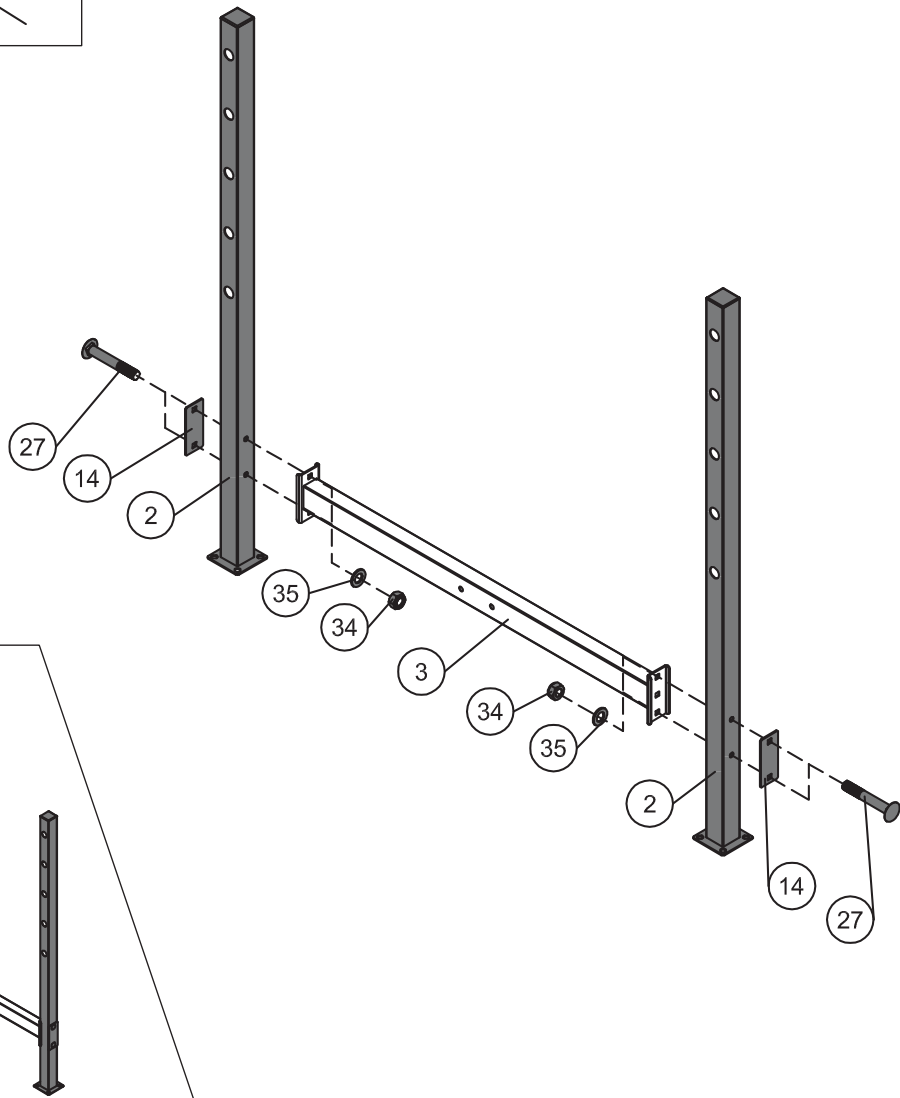
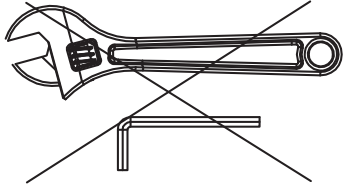
M10

35




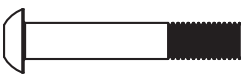






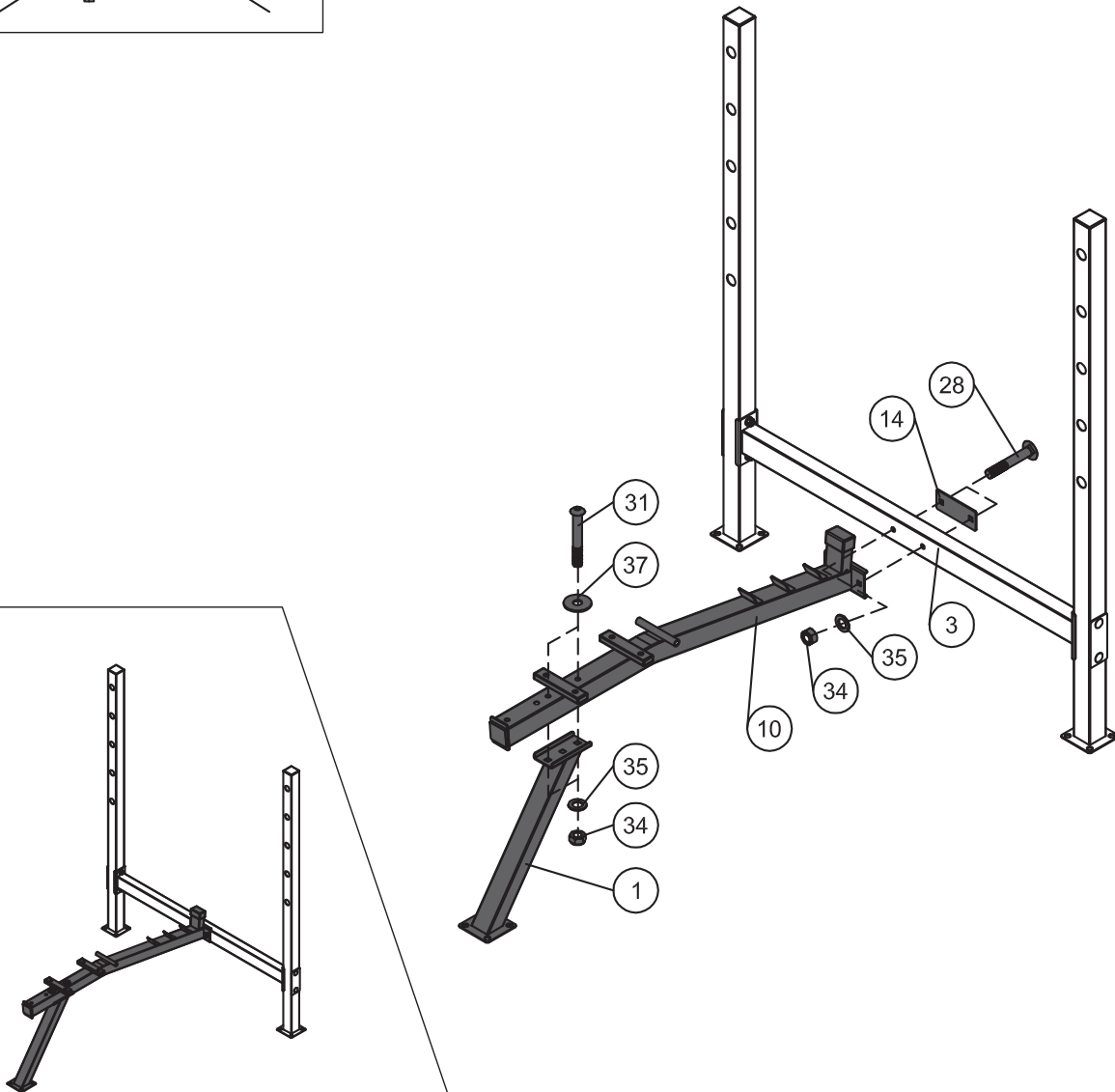
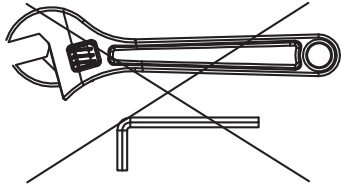
× 4

Φ³/₄"

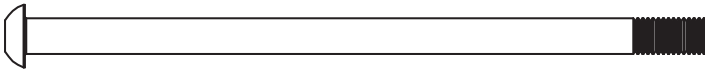





1

- | | | | | | | | |
|----|---|-----|-----------------------|----|--|-----|-------------------|
| ②⑧ |  | × 2 | M10×2 $\frac{3}{8}$ " | ③④ |   | × 4 | M10 |
| ③① |  | × 2 | M10×2 $\frac{3}{4}$ " | ③⑤ |   | × 4 | Φ $\frac{3}{4}$ " |
| ③⑦ |   | × 2 | Φ1 $\frac{1}{4}$ " | | | | |

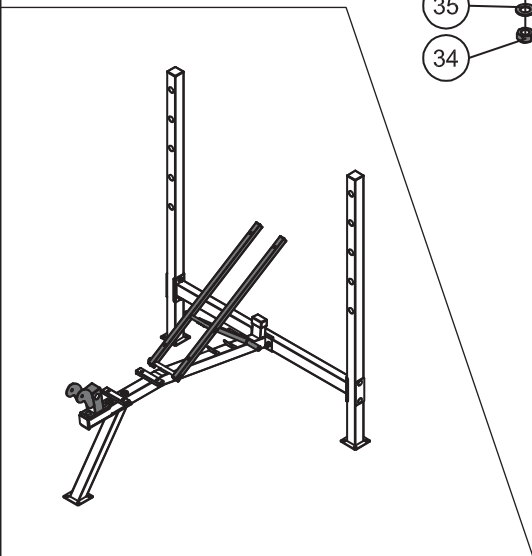
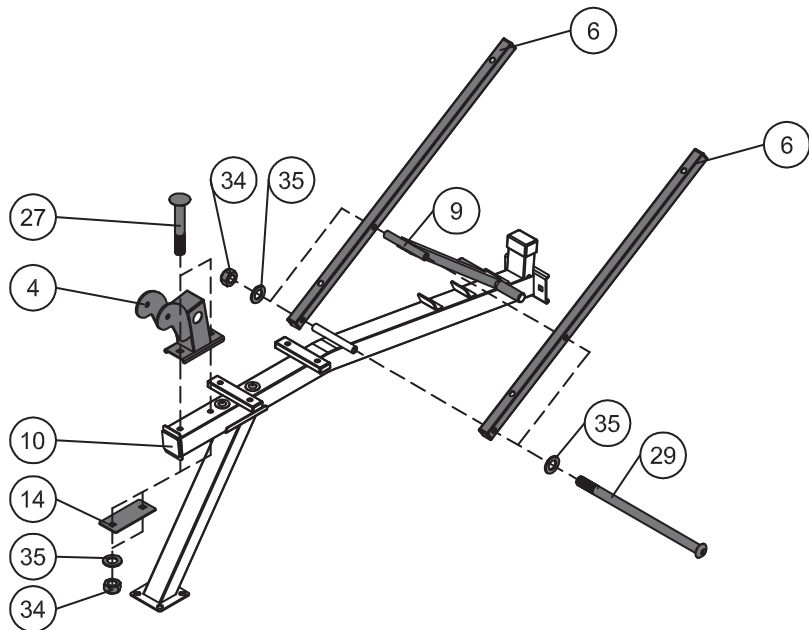
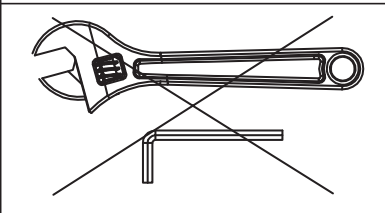


2

②⑨  × 2 M10×7¹/₈"

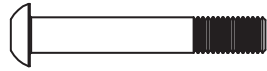
②⑦  × 2 M10×2³/₄" ③④   × 4 M10

③⑤   × 6 Φ ³/₄"



3

30



× 1

M10×3¹/₈"

34



× 1

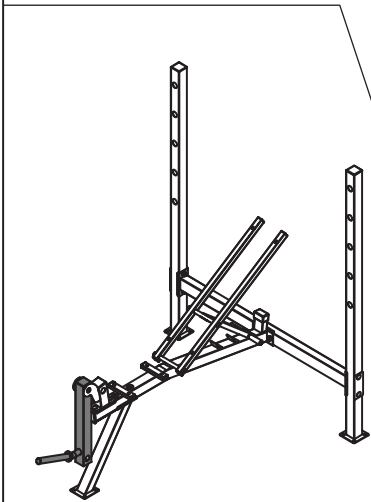
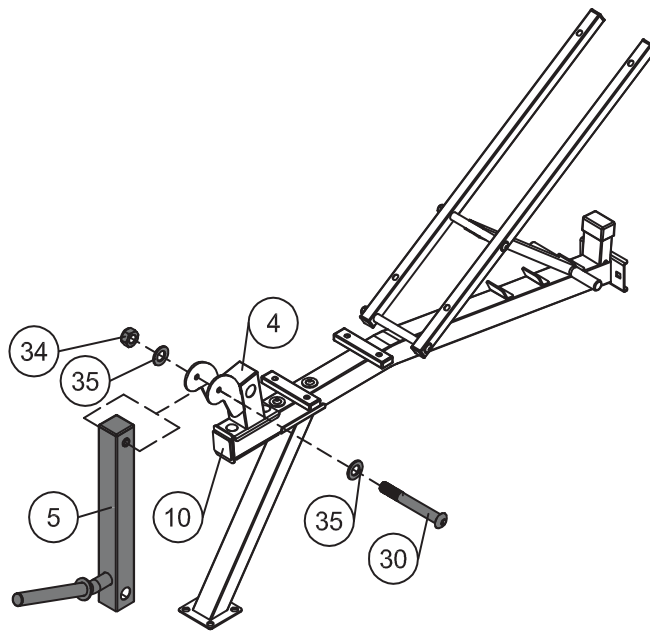
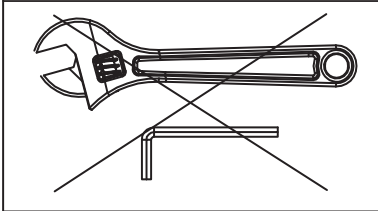
M10

35





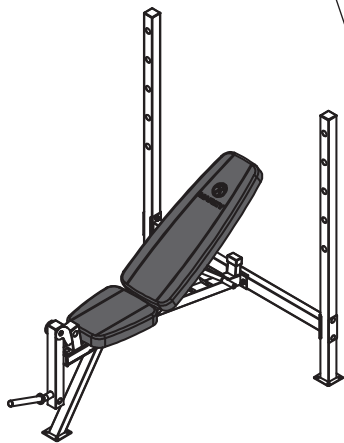
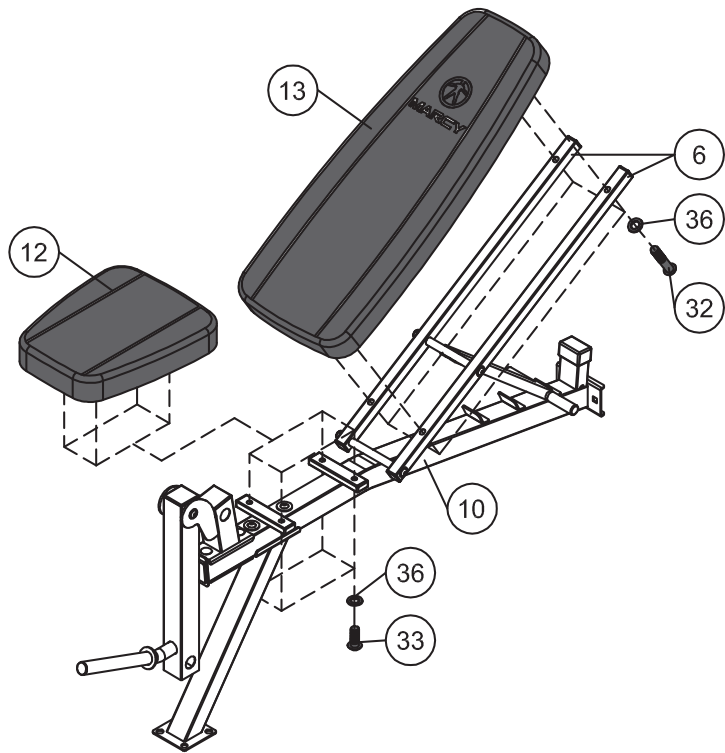
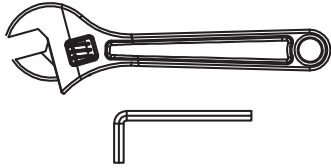
× 2

Φ³/₄"

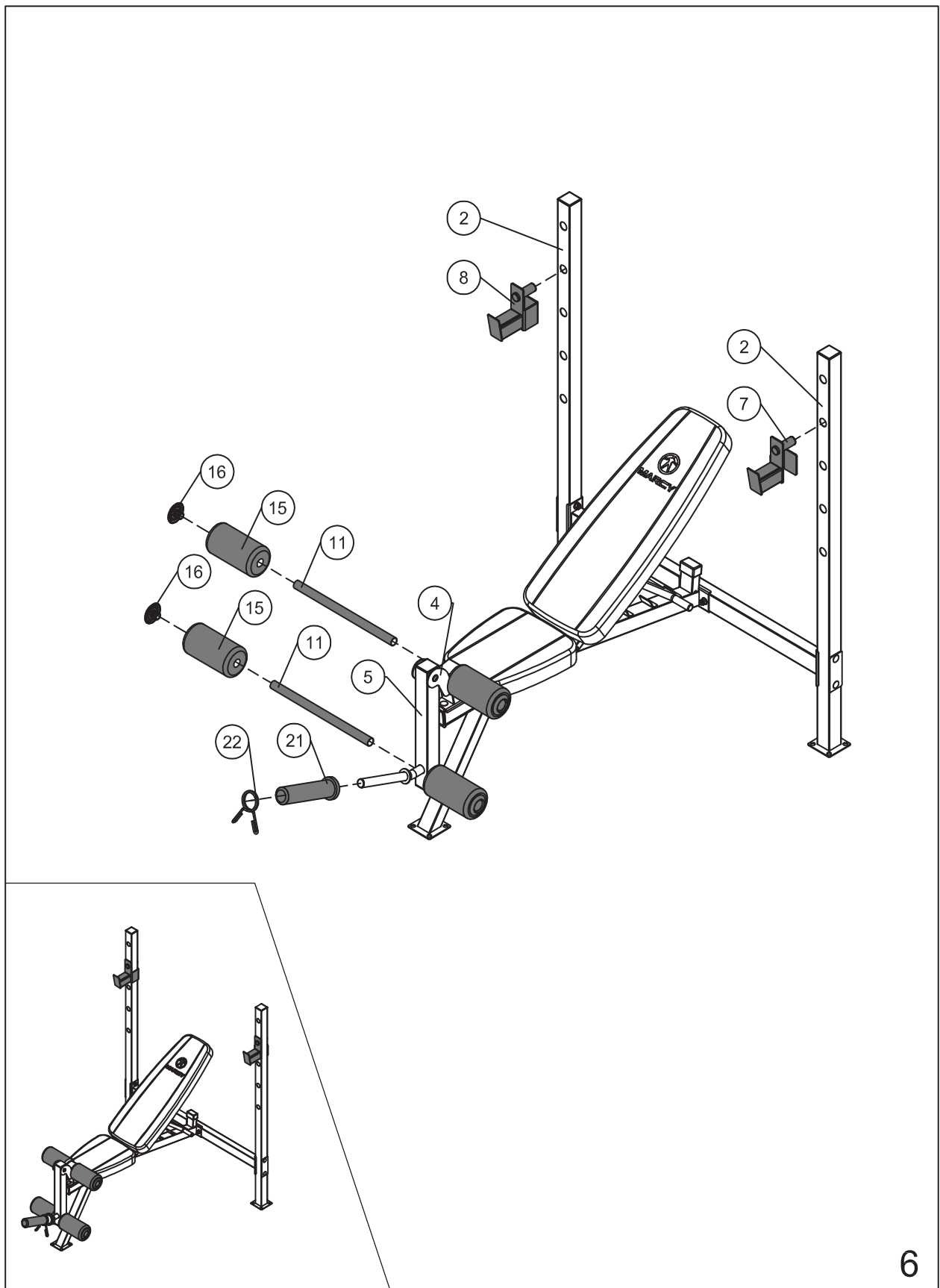


4

(32)		× 4	M8×1 ⁵ / ₈ "
(33)		× 4	M8×1 ¹ / ₄ "
(36)		× 8	Φ ⁵ / ₈ "



5



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